



Statistics Report 19000, SCHIFF,TIGER'S MILK BAR

Report Date: June 26, 2017 15:49 EDT

Nutrient values and weights are for edible portion

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Calcium, Ca	mg	429	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	08/2015
Iron, Fe	mg	10.28	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	08/2015
Magnesium, Mg	mg	336	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	08/2015
Phosphorus, P	mg	560	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	08/2015
Potassium, K	mg	294	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	08/2015
Sodium, Na	mg	168	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	08/2015
Zinc, Zn	mg	1.44	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Copper, Cu	mg	0.269	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Manganese, Mn	mg	0.944	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Selenium, Se	µg	5.9	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Fluoride, F	µg	0.4	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin C, total ascorbic acid	mg	16.8	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	08/2015
Thiamin	mg	1.470	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	08/2015
Riboflavin	mg	0.319	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Niacin	mg	4.039	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Pantothenic acid	mg	4.200	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	08/2015
Vitamin B-6	mg	1.680	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	08/2015
Folate, total	μg	55	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Folic acid	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Folate, food	μg	55	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Folate, DFE	μg	55	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Choline, total	mg	42.3	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Betaine	mg	0.2	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin B-12	μg	4.20	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	08/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-12, added	µg	4.20	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2015
Vitamin A, RAE	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Retinol	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin A, IU	IU	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin E (alpha-tocopherol)	mg	2.48	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Tocopherol, beta	mg	0.08	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Tocopherol, gamma	mg	2.88	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Tocopherol, delta	mg	0.17	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
Vitamin D3 (cholecalciferol)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin K (phylloquinone)	µg	4.6	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

Lipids

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fatty acids, total saturated	g	2.073	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
4:0	g	0.006	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
6:0	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
8:0	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
10:0	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
12:0	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
14:0	g	0.016	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
15:0	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
16:0	g	1.039	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
17:0	g	0.007	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
18:0	g	0.471	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:0	g	0.148	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
22:0	g	0.272	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
24:0	g	0.108	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Fatty acids, total monounsaturated	g	7.907	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2015
14:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
15:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
16:1 undifferentiated	g	0.022	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
17:1	g	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:1 undifferentiated	g	7.704	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:1	g	0.170	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
22:1 undifferentiated	g	0.007	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
24:1 c	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Fatty acids, total polyunsaturated	g	3.678	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2015
18:2 undifferentiated	g	3.075	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
18:3 undifferentiated	g	0.599	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:2 n-6 c,c	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:3 undifferentiated	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:4 undifferentiated	g	0.003	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
22:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Fatty acids, total trans	g	0.036	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Cholesterol	mg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Stigmasterol	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Campesterol	mg	15	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Beta-sitosterol	mg	27	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Amino Acids													
Aspartic acid	g	1.621	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015